

Cinagrit 25 Tablet

Cinnarizine (25 mg) Tablet

Composition

Each tablet contains:

- Cinnarizine – 25 mg
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Description

Cinnarizine is an antihistamine that primarily acts as an antiemetic, antiallergic, and anti-vertigo agent. It is commonly used to treat nausea, vomiting, and dizziness caused by motion sickness, and to alleviate symptoms of vertigo and Meniere's disease.

Indications

Cinnarizine is indicated for the treatment of:

- Motion sickness (prevention and treatment of nausea, vomiting, and dizziness caused by motion)
 - Vertigo and Meniere's disease (to reduce dizziness and related symptoms)
 - Allergic conditions, such as hay fever and allergic rhinitis, where its antihistamine properties provide symptom relief (e.g., sneezing, itching, runny nose).
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Dosage and Administration

- **Adults:**

- **For motion sickness: Take 1 tablet (25 mg) 1 hour before traveling. Additional doses may be taken every 6–8 hours if needed, but do not exceed 3 tablets in 24 hours.**
- **For vertigo or Meniere's disease: Take 1 tablet (25 mg) two to three times a day as directed by your healthcare provider.**

- **Children (under 12 years):**

- **Consult a healthcare provider for proper dosage, as Cinnarizine may not be suitable for young children in certain cases.**

Administration:

- **Swallow the tablet whole with a glass of water.**
 - **It is generally taken after food to minimize the potential for stomach upset.**
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Mechanism of Action

Cinnarizine works by blocking histamine receptors (H1 receptors) in the body and interfering with the actions of histamine, a substance involved in allergic reactions. It also acts on the vestibular system in the inner ear to prevent and treat symptoms like dizziness, nausea, and vomiting caused by motion sickness or balance disorders.

Contraindications

- **Hypersensitivity to Cinnarizine or any of its ingredients**
 - **Severe liver impairment**
 - **Pregnancy: Use during pregnancy is not recommended unless deemed absolutely necessary by a healthcare provider.**
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- **Pregnancy and lactation: Consult your doctor before use if you are pregnant or breastfeeding.**
 - **Elderly: Caution is advised when prescribing Cinnarizine to elderly patients due to increased sensitivity to antihistamines and potential side effects.**
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Side Effects

Common side effects include:

- **Drowsiness or sedation**
- **Dry mouth**
- **Headache**
- **Nausea**
- **Fatigue**

Serious side effects (rare):

- **Severe allergic reactions (e.g., rash, itching, difficulty breathing, swelling of the face or throat)**
- **Confusion or hallucinations (especially in elderly patients)**
- **Severe dizziness or loss of balance**

If any serious side effects occur, seek medical attention immediately.

Drug Interactions

Cinnarizine may interact with the following:

- **Alcohol: Increased sedative effect, leading to excessive drowsiness.**
- **Central nervous system depressants (e.g., sedatives, tranquilizers, benzodiazepines)**
- **Other antihistamines: Increased risk of sedative side effects.**
- **Antidepressants (e.g., tricyclic antidepressants): May increase drowsiness or sedation.**

Always inform your healthcare provider about any medications you are currently taking.

Storage

- **Store below 25°C in a cool, dry place, away from moisture and direct sunlight.**
 - **Keep out of reach of children.**
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Note: Always follow your healthcare provider's instructions for use. Do not exceed the recommended dosage. If you experience any side effects or if symptoms persist, consult your doctor immediately.

Manufactured in India for:

CafoliTM
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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